CARLTON BEACH
SCHEVENINGEN/ THE HAGUE

CATCH A BREATH AND BE AWAY FROM PRESSURES OF LIFE…….

Would you like to escape the pressures and stress of your daily routine?
Then spoil yourself and indulge in the Carlton Sports Health Centre, with a heavenly package especially made for you.

Aqua Relax Package € 45,00 per person

- Upon your arrival you will be welcomed with a cup of coffee or herbal tea
- Free use of bathrobe and towel
- Cleansing and nurturing facial algae wrap
- Relaxing facial massage
- Use of sauna facilities
- A fruit shake containing yoghurt and fresh fruit
- A refreshing salad of your choice

Aqua Scrub Package € 52,50 per person

- Upon your arrival you will be welcomed with a cup of coffee or herbal tea
- Free use of bathrobe and towel
- Facial solarium or total body sun bed of 12 minutes
- A scrub treatment with sea salt for your total body an essential oil treatment
- Use of sauna facilities
- A fruit shake containing yoghurt and fresh fruit
- A refreshing salad of your choice

Aqua Deluxe Package € 67,50 per person

- Upon your arrival you will be welcomed with a cup of coffee or herbal tea
- Free use of bathrobe and towel
- 30 minutes body massage with essential oil or a Hot stone massage
- a cleansing and nurturing total body algae wrap
- Use of sauna facilities
- A fruit shake containing yoghurt and fresh fruit
- A refreshing salad of your choice

All above mentioned packages are valid from Monday until Friday. Members of Carlton Sports will receive a 10% discount. It is advisable to make reservations. We can be reached at our Carlton Sports Health Centre, telephone number: 0031 70 354 62 62. **Swimwear in the indoor sauna and steam room are not allowed. Usage of swimwear is obligatory in our swimming pool and outdoor sauna.**

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